

How to Make Mug Rug

To make a mug rug, you can follow several simple methods depending on your preferred style and materials. A common approach involves creating a layered square or rectangle using fabric, batting, and a backing.

Begin by cutting two pieces of fabric for the top and bottom, typically measuring 5.5 inches by 7.5 inches, or a square like 5.5 inches by 5.5 inches, depending on the desired size. ^{2 4} Cut a piece of batting to the same dimensions as the fabric pieces.

^{2 4} For added durability, especially if using quilting cotton, consider interfacing the backing fabric. ³ Place the two fabric pieces right sides together, then layer the batting on top. Sew around the edges using a 1/4 inch seam allowance, leaving a 2-inch opening for turning. ^{3 5} Trim the corners to reduce bulk, then turn the rug right side out through the opening. ^{3 5} Use a blunt tool like a pencil or chopstick to push out the corners and press the entire piece flat. ^{3 4}

To finish, edgestitch or topstitch around the entire edge, sewing close to the edge and overlapping the opening to close it. ^{3 5} For a more decorative touch, you can add quilting stitches, such as straight lines down the center or a diagonal pattern from corner to corner. ^{5 6} Some tutorials suggest using fabric scraps cut into strips, sewing them together into a block, and then assembling the rug with a backing and batting. ^{2 5} Alternatively, you can create a mug rug using a single piece of fabric for the top, a larger piece for the backing, and folding the backing edges over twice to create a finished edging without binding. ⁶ For a unique design, consider adding appliqué elements like a coffee cup or other motifs, securing them with topstitching or free-motion quilting. ⁷

